

Rating Your Outing

- Determine a difficulty rating using the chart below. Note that this is a general guideline and not every outing will fit nicely into a category, use your best judgment.
  - For social outings, meetings, and non-physical activities, use “NR” for “No Rating.”

Hike Ratings				
Rating	Effort Level	Elevation Gain (ft.)	Miles	Time (hrs.)
A+	Very Strenuous	4,000	10+	10+
A	Strenuous	3,000+	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	8-10	5-7
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	< 5	< 5

Paddle Ratings			
Rating	Miles	Portages	Water Class
A*	12+	Long (1/2 mile+)	II+ (Whitewater)
B	6-12	Short	I (Moving)
C	Under 6	None	Flat
* Includes overnight camping			

Bike Ratings		
Rating	Miles	Terrain
A	30+	Moderate to Steep
B	15-30	Moderate
C	Under 15	Flat to Moderate